



An Autumn of Business

Go on a woodland walk and collect colourful leaves
Jump into a big pile of crunchy leaves
Pick apples at an orchard or farm shop
Bake an apple crumble together
Light candles as the evenings grow darker
Make a little nature table with autumn treasures
Paint pumpkins or gourds
Drink warm apple juice or hot chocolate after a chilly walk
Watch the morning mist settle over the garden
Feed the birds and squirrels in the garden
Press beautiful autumn leaves
Make leaf rubbings with crayons
Read a cosy story under a blanket
Write a list of things you are thankful for
Watch the sunset earlier in the evening sky
Toast marshmallows over a fire
Collect conkers and acorns
Walk through the woods and listen to the wind in the trees

with
Fable Heart